



your wellbeing partner

NDIS provider ACT, NSW, VIC, QLD



emailus@wellcare.org.au

Who we are

Wellcare Australia is a registered NDIS provider established in 2016 which offers a person centered and recovery-oriented support accommodation services and outreach services to individuals living with psychosocial disabilities. Our qualified team members, who share our organizational values of service through love, kindness, compassion, and empathy, have supported the delivery of services that is of high quality and standard to our participants. Participants are supported to make informed decisions and choices concerning their life and wellbeing by promoting the values of empowerment and self-determination. Many participants have successfully graduated from our service and the scheme as we truly believe in recovery and that our practice is informed by the principles of recovery-oriented mental health practice.

Vision: To support a person on their individual journey to recovery through excellent person centered and recovery-oriented care.

Mission: To nurture and guide the recovery process of people living with mental illness by providing individualized support, assisted living accommodation and respite care.

Values: The values of Wellcare Australia are Quality, integrity and partnership

What we offer

- **Mental health residential recovery services - SIL, STA and respite care, MTA, Crisis accommodation.**
- **Outreach services - community access and transportation, in-home support, domestic assistance, assistance with personal care, general health and wellbeing support, medication administration support, meal preparation assistance.**
- **Recovery coach mentoring and case management**



Recovery oriented accommodation model

Wellcare Australia has a three phase, strength-based approach, to residential supported accommodation. This approach allows people to get supports that they need while promoting independence, self-confidence and personal growth.

Phase 1: 24/7 Supported Independent Living (SIL)

Supported Accommodation On-going assistance
Skills development Medication management, Community participation Relapse prevention
Social activities

Phase 2: Low Supported Accommodation

3-6hours of daily support promote independent living Support to complete daily living tasks
Medication management
Community participation
Assistance in seeking/ securing employment
After hours on call support

Phase 3: Independent Living

Independent living in the community
Support to get housing
Medication management if needed
Transport support
Outreach services
Case management
Assistance in seeking/ securing employment





Our supported accommodation houses



Beautiful outdoor arrangements



Engaging living area's



Bed rooms



Others

Locations of Wellcare Australia service

 ACT

 NSW

 VIC

 QLD





**"Mental illness is not a choice,
but recovery is..."**



For more information about our services,
contact us today on:
emailus@wellcare.org.au

WELLCARE.ORG.AU